

# Recovery in Mental Health

## Continuing Professional Development

### Introduction

Tayside Institute for Health Studies at the University of Abertay Dundee, has developed in conjunction with Working to Recovery Ltd., two theory and two practice modules at levels 7 and 9 to meet the educational needs of staff and carers working within recovery-based practice. As far as we are aware, these accredited modules are unique within the UK.

The theory modules allow for accreditation of the current 'Making Recovery Happen' course offered by Working to Recovery Ltd. In order to gain accreditation, an essay relating to the content of the current course must be submitted to the University of Abertay Dundee. An award of 15 SCOTCAT points at either level 7 or 9 (dependent on which level of module you register) will be awarded on successful completion.

**If you have previously attended the 'Making Recovery Happen' course but would be interested in accreditation, this is still possible. You should contact the CPD Administrator for further information (details below).**

The practice modules will be run solely by the University of Abertay Dundee with completion of the theory module a pre-requisite for attendance. These modules will take the form of one initial day of training followed by a period of practical application. A second theory day will take place approximately half-way through the practical period. Successful completion of this module will result in 15 SCOTCAT points being awarded at either level 7 or 9 (again, dependent on which level of module you register).

### Cost

The cost for registration on the theory modules is £360\* and registration on the practical modules costs £390 per person.

### How to apply

If you would like to apply for either of these modules or wish further information, please do not hesitate to contact:

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**\*Please note it is still necessary to book your attendance on the Working to Recovery Ltd course 'Making Recovery Happen' through Working to Recovery Ltd. and that the cost involved in registration is *additional* to that payable to Working to Recovery Ltd. for undertaking the module.**