



**Presents**

**A One Day Course**

# **Advanced Facilitator: Working with Voices**

## **A follow-up to Working with Voices Training**

*A follow-up workshop, for people who have been on the one-day 'Working with Voices' training or have gained experience either personally or in the workplace*

Hearing voices is one of the most common experiences that people diagnosed with a psychotic illness have and research has shown that many people continue to hear voices even after prolonged use of medication. This has meant that many voice hearers do not get relief from their experiences. The consequences of this are that many people live lives that are low in quality and high in distress. Many professionals are left frustrated when medication does not deliver the desired results.

### **Course Outline**

Throughout the day this course will:

- Support you in developing effective ways of working with voice hearers using short, medium and long term strategies
- Enable you to use the above strategies to support voice hearers in taking control of their experience and more importantly getting on with their life
- Give you an introduction to the Maastricht interview schedule
- Enable you to use the *Working with Voices* workbook